

Cancer Support Group

Providing a safe place for active and past cancer patients to share thoughts and feelings with others dealing with similar concerns and emotions.



Why a support group?

Support groups are often seen as the safest place to talk about emotions and difficult subjects such as concerns about death. Group members develop a sense of community through shared experiences and feelings. People feel connected with other members which can increase their ability to cope. They feel understood, supported, cared for and accepted.

People who do not have cancer may not understand the experiences of people who have cancer, or they may dismiss their feelings. People within the group feel heard and understood, outside of groups they sometimes feel they have to hide their feeling to protect others.

These groups help people to feel comfortable to have a good laugh, relax and feel at ease. Humor builds warmth in the group and helps members cope with confronting issues.

Meeting times:

Beginning January 1, 2020 there will be two support groups that will both meet twice each month. Support groups are free of charge and open to anyone in the Community.

- Group one meets at 12:15 pm every 1st and 3rd Tuesday of the month. Participants in this group are encouraged to bring a sack lunch.
- Group two meets at 5:30 pm every 2nd and 4th Thursday of the month.

Meeting location:

Great Falls Clinic
Specialty Center Conference Room,
(North end of Specialty Center building)
3000 15th Ave South
Great Falls, MT 59405.

For more information please contact:

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