

# COME & LEARN

## How to Better Manage Your Diabetes!

### DIABETES EDUCATION CLASSES

The Great Falls Clinic offers monthly diabetes self-management classes, a series of three 2 hour classes on Thursdays from 1-3 PM (except the month of September, when we offer evening classes).

July 7, 14, 21

August 4, 11, 18

September 8, 15, 22 (5:30 PM-7:30 PM)

October 6, 13, 20

November 3, 10, 17

December 1, 8, 15



To register or for more information please call  
**Kari LaRance, RN, CDE at (406) 268-3932**

(Most insurances have benefits for diabetes education)

